



*Sunday, February 18th, 2024*  
*First Week of Lent*

## **Holy Family Church**

13900 Church Place, Seal Beach, CA 90740 - (562) 430-8170  
[www.holyfamilysb.com](http://www.holyfamilysb.com) / [holyfamily.sb@verizon.net](mailto:holyfamily.sb@verizon.net)

**Rev. Joseph Son Nguyen, Pastor**

## **Sunday Mass Schedule**

**Saturday Vigil: 4:00 p.m.**

**Sunday: 8:00 a.m., 10 a.m. & 12 Noon**

## **Weekday Masses**

**Monday –Saturday: 8:30 a.m.**

**Our Lady of Perpetual Help Novena: Wednesdays 8:15a.m**

**Anointing of the Sick Sacrament: Saturdays at 8:30 a.m. Mass**

**Bible Study: 1st and 3rd Monday of the Month 12:30 p.m.**

## **Confessions**

**Saturdays: 9:00am-9:30am / First Fridays 9:00am-9:30am**

## Save the Date-

**Wed. March 13,  
10 a.m.-11:30 a.m.**

### **Estate Planning Seminars**

The Orange Catholic Foundation is presenting an Estate Planning Seminar at our parish. Session will be held at our rectory hall room.

At the Seminar, you will learn:

- What is needed to update or create an estate plan, will or living trust
- How to protect and provide for your loved ones.
- Avoid probate
- A Catholic perspective on health care directives
- How to choose your trustee and power of attorney
- And more

Participants will receive a FREE no obligation consultation.

If you would like to reserve your spot, please call our parish office at (562)430-8170. Reservations appreciated, but no required. For any questions, please email at [plannedgiving@orangecatholicfoundation.org](mailto:plannedgiving@orangecatholicfoundation.org).



### **Your Contributions- Thank you**

**Sunday, February 11th, 2024: \$4,875**

**Online Giving: \$914.80**

Thank you for your generosity!

## **News from Our Parish**

- **Stations of the Cross at 11am Fridays**, followed by fish fry lunch.
- **Our Lenten Retreat is Friday, March 1st**, starting with 8:30 a.m. Mass, (Exposition of the Blessed Sacrament after Mass). Retreat: 9:30 a.m.-12 noon (lunch included). Minimum donation is \$10 per person. Please sign up in the vestibule of the church or parish office.
- **Diaper drive** for the life centers of Orange County. Please bring your donation to the parish office or leave on the Our Lady of Guadalupe donation table in the vestibule of the church. This year they need diapers sizes 5-6. Monetary donations are accepted.
- **Our Bereavement Ministry** prays for sick parishioners and Holy Souls in Purgatory on First Fridays at the 10am Hour. Please call the rectory to let us know if you, family and friends need prayer and we will include them. 562 430-7180.”
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## **News from Our Diocese**

- Join the St. Anne Catholic Community (Seal Beach) in attending a speaker session at their parish on Friday, February 23rd at 7:00 p.m. featuring special guest Fr. Robert Spitzer. He will be talking about Science, Medicine, and the Shroud of Turin.

# The Ministry of Angels (Catholic Reflections)

***The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him. Mark 1:12-13***

What an amazing event we reflect upon today. Jesus, the Son of God, the Second Person of the Most Holy Trinity humbled Himself in two ways in the passage quoted above. First, He allowed Himself to endure the temptations of Satan. Second, He permitted His very own creation, the good angels, to minister to Him in His human form.

These acts reveal the perfection of the virtue of humility within the humanity of our Lord. According to Saint Thomas Aquinas, angels were created for three primary reasons. The first is for the purpose of worship. Worship of God brings about communion with God and enables perfect love to flow back and forth from God to each angelic being. Second, angels enact the will of God in all things. This includes the implementation of the laws of nature and the imparting of the grace that Christ won on the Cross. Third, God uses angels as messengers. Scripture records various ways that the angels spoke to the prophets, to our Blessed Mother, to Saint Joseph and to others. Saint Thomas Aquinas also believed that each of us is given a particular guardian angel whose role is not only to protect us but also to communicate the will of God to us. As God, Jesus was the Creator of all angelic beings with the Father and the Holy Spirit. As man, Jesus was the recipient of both the ministry of the good angels and the attacks of the fallen angels. By humbly subjecting Himself to the natural powers of these angelic creatures, Jesus was also teaching us that we must do the same. One of the primary natural powers of both the good and bad angels is the power of influence and suggestive thought. Angelic beings have the ability to put before your imagination ideas meant to either influence you for the good (the good angels) or to deceive you and lead you into sin (the bad angels). These communications are real, and we should be aware of them. In his book, *The Spiritual Exercises*, Saint Ignatius of Loyola devotes much time and energy to the ministry of angels. He teaches how to distinguish the lies and deceptions of the fallen angels from the consoling direction communicated by the good angels. In many ways, our Gospel passage today, by which Jesus submitted Himself to the temptations and ministry of the angels, lends much support to the importance of trying to understand how these angelic creatures influence us. For more on this, see the book *Probing the Depths: Ignatian Lessons and Meditations Arranged According to the Liturgical Year*. **Reflect**, today, upon the amazing truth that both angels and demons are constantly active in your life, seeking to influence you. As you ponder their spiritual role in your life, consider the various ways you can learn more about them. Speak to your guardian angel. Ask for the intercession of the highest of angels. Try to join them in their divine worship. Pray for their protection. Ask them to communicate to you the highest of truths from God. Seek to be attentive to these holy angels so that as you learn to discern their voices, you will be ready to follow the direction they give to you from God. ***My Lord and Creator of All, You created the angelic order for the glorious purpose of love and worship. You also give them the mission of enacting Your holy will and communicating to us on earth. Please help me to be more aware of the deceptions of the fallen angels and the direction of the good angels. Angels of God, pray for me, protect me and guide me into God's perfect will. Jesus, I trust in You.***

## Our Lenten Fish Fridays Fundraising



**Exciting News!** After 11 a.m. Friday Stations of the Cross devotion ... with a minimum donation of \$10 per person you can get the following delicious fish plates:

Friday, Feb. 23 fish burgers + chips + fruit or cookie

Friday, March 1 clam chowder + crackers + fruit

Friday, March 8 fish tacos + fruit or cookie

Friday, March 15 fish, fries, coleslaw + fruit or cookie

Friday, March 22 clam chowder + crackers + fruit

**If you would like to participate, please sign in in the front of the church or parish office during office hours. You can also call at (562)430-8170. You can enjoy your lunch in our parish hall or take it home. Thank you for your participation. Please let your friends and neighbors know about this!!!!**

### Laugh Out Loud 😄

A 4-year-old ..... My Grandparents are funny, when they bend over, you hear gas leaks, and they blame their dog.

## Prayer Intentions for the Week

### **Monday 8:30 a.m. February 19**

Martin Sunwood, RIP Novena of Masses

Conrad Garland, RIP

Francis Do, Sp. Int. Birthday

### **Tuesday 8:30 a.m. February 20**

Hoang Thi Di and Hoang Thi Anh, RIP

Paul Lee and family, Sp. Int.

### **Wednesday 8:30 a.m. February 21**

Lucia Nguyen, RIP

### **Thursday 8:30 a.m. February 22**

Msgr. James Pierse, RIP

Henry and Pam Paradis, RIP

Ty Vu, Sp. Int. BIRTHDAY

Becky Maffucci, Sp. Int. BIRTHDAY

Rosa Carrillo, Sp. Int. BIRTHDAY

### **Friday 8:30 a.m. February 23**

Linda Kadlac, Sp. Int. BIRTHDAY

Rommy DeGuzman,

Novena of Masses, Sp. Int. 90<sup>TH</sup> BIRTHDAY

Dave and Debbie Musser, Sp. Int.

Alicia Ramirez, Sp. Int.

### **Saturday 8:30 a.m. February 24**

Herb Shinkle, Sp. Int. John Giang, Sp. Int.

### **Saturday 4:00 p.m. February 24**

Thomas Arthur Ota, RIP (1<sup>st</sup> year anniversary)

Becky Maffucci, Sp. Int.

### **Sunday 8:00 a.m. February 25**

Tim Gormly, RIP Deacon Raymond Lim, RIP

### **Sunday 10:00 a.m. February 25**

Helen, Joseph and Cloud Kim, RIP

Linda Kadlac, Sp. Int. Fr. Gilbert, Sp. Int.

### **Sunday 12 Noon February 25**

Rosa Carrillo, Sp. Int.

Herb Shinkle, Sp. Int.

Tony The, Sp. Int. Judy Swanson, Sp. Int.